

Conditions for Poetry

By Lyrica Lucas

What are the conditions for poetry?

You must be awake,
not merely with eyes open,
but with your soul attuned to the world's pulse.

To write, you must feel—
truly feel—every moment,
as if each breath is carved from the air
and every heartbeat echoes
in the quiet spaces around you.

Thoughts drift through your mind
and filter through the chambers of your heart
as the world moves slowly,
like an old film unspooling.

You carefully gather them,
much like you would autumn leaves,
distilling each emotion until it's pure,
until it transforms into words,
fragments of something larger.

And then, you write—
not just to capture moments,
but to give them life,

to make them dance upon the page,
so they might outlast even the sun.

That is the condition of poetry—

to be alive in every sense,

to lend permanence

to what is fragile and ephemeral,

so that it may live,

forever.